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AFTER SEDATION INSTRUCTIONS

- 1. PATIENT CANNOT DRIVE FOR 24 HOURS AFTER SEDATION.
- 2. DO NOT OPERATE ANY HAZARDOUS DEVICES FOR 24 HOURS.
- 3. A RESPONSIBLE PERSON SHOULD BE WITH THE PATIENT UNTIL HE/SHE HAS FULLY RECOVERED FROM THE EFFECTS OF THE SEDATION.
- 4. PATIENT SHOULD NOT GO UP AND DOWN STAIRS UNATTENDED. LET THE PATIENT STAY ON THE GROUND FLOOR UNTIL RECOVERED.
- 5. PATIENT CAN EAT WHENEVER HE/SHE WANTS.
- 6. PATIENT NEEDS TO DRINK PLENTY OF FLUIDS AS SOON AS POSSIBLE.
- 7. PATIENT MAY SLEEP FOR A LONG TIME OR MAY BE ALERT WHEN HE/SHE LEAVES. ATTEND TO BOTH ALERT AND SLEEPY PATIENT IN THE SAME MANNER. DON'T TRUST HIM/HER ALONE.
- 8. ALWAYS HOLD PATIENT'S ARM WHEN WALKING.
- 9. CALL US IF YOU HAVE ANY QUESTIONS OR DIFFICULTIES. IF YOU FEEL THAT YOUR SYMPTOMS WARRANT A PHYSICIAN AND YOU ARE UNABLE TO REACH US, GO TO THE CLOSEST EMERGENCY ROOM IMMEDIATELY.
- 10. FOLLOWING MOST SURGICAL PROCEDURES THERE MAY BE PAIN OR DISCOMFORT. THE DOCTOR WILL DETERMINE THE APPROPRIATE PAIN MANAGEMENT METHOD FOR YOU. IF A NARCOTIC HAS BEEN PRESCRIBED, FOLLOW THE DIRECTIONS CAREFULLY.

IF YOU HAVE ANY CONCERNS ABOUT THE MEDICATIONS, OR IF YOU EXPERIENCE ANY REACTIONS NOT MENTIONED, CALL US IMMEDIATELY.