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Post Care Instructions after Root Canal Therapy

Congratulations on your pain-free Root Canal. There are a few things we want to remind you of before you leave;

- Be careful not to bite your lips, cheek or tongue after having local anesthetics. You will probably be numb for several hours.
- The areas of the injection site may be a little sore once anesthesia has worn off. Taking Advil or Tylenol every 4 hours after treatment will help keep you comfortable, without needing prescription pain medication. If the doctor placed you on antibiotics, be sure to finish ALL of them as instructed.
- Try not to eat anything in that area, because the tooth may be bruised. You should be careful what you eat until you have gotten your permanent crown placed, or in a few cases the permanent filling.
- A tooth that has had Endodontic (or Root Canal) Therapy is much more brittle, and should, in almost ALL cases, have a permanent crown placed. The doctor will advise you on how soon this should be done in your individual case.

Call the office should you have any questions or concerns.